

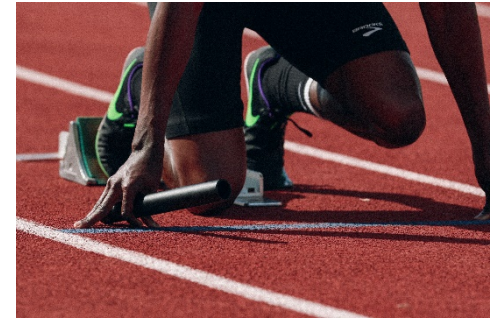


forthem.

**Sports and
Movement
Science**

Are you ready for the Forthem Sports Science challenge?

This Spring 2022 Forthem UB will offer the following classes in Sports and Movement Sciences in English. The classes will be open to students at the third year bachelor's level and higher (L3, M1, M2, PhD).



Principles of Muscle Strengthening

Emotions and Motivations in Sports

Muscle Strengthening in Basketball

The Magic of Object Manipulation

Motor control disorders in cognitive pathologies

Neuromuscular Disorders: Muscle Level

Neuromuscular Disorders: Neural Level

10/3, 13h30-16h30 Motor control disorders in 'cognitive pathologies' (3h)

Jeremie Gaveau

17/3, 13h30-16h30 Principles of Muscle Strengthening (3h)

Nicolas Babault

24/3 13h30-16h30 Neuromuscular disorders: Neural level (3h)

Elizabeth Thomas

31/3 13h30-16h30 Emotions and motivation in sports (3h)

Mickael Campo

7/4 13h30-16h30 The Magic of Object Manipulation (3h)

Olivier White

14/4 13h30-16h30 Muscle Strengthening in Basketball (1.5h)

Jean Luc Goldberg

19/5 13h30-16h30 Neuromuscular Disorders: Muscle Level (3h)

Maria Papaioordanou

To register for a class send a message to Forthem.Staps@gmail.com at least two week before the class. Information to include – Name, Year at the University (Bachelor's 1st year, Master's etc etc), Study Program (Sports Science, Biology etc).

Students who are not Movement Science students from other departments are also welcome.

Students who participate in two or more classes will be given a Forthem attendance certificate.